

[14] For we know that the law is spiritual. But, I am fleshly, sold under the sin.¹ [15] For what I am doing, I do not know. For what I will not, this I practice. But, what I hate, this I do. [16] And if what I will not, this I do, I agree with the law, that it is good.

[17] So now, I am no longer doing it, but the sin dwelling in me. [18] For I know that good does not dwell in me, that is, in my flesh. For the will is present in me,² but doing the good I do not find. [19] For the good I will, I don't do, but the bad I will not, this I practice. [20] And if what I will not, this I do, I am no longer doing it, but the sin dwelling in me is.

[21] I find then, the law, the will in me to do the good, that the bad is present in me. [22] For I delight in the law of the God according to the inner man.³ [23] But, I see another law in my members warring against the law of my mind and taking me captive to the law of the sin which is in my members.

[24] I am a miserable⁴ man. Who will deliver me out of this body of the death? [25] I thank the God through Joshua Christ our lord. So then, I myself serve indeed in the mind God's law, but in the flesh, sin's law.

1 Romans 5:19; 11:32; Galatians 3:22

2 Psalm 119:5-6, 31, 35-38, 80

3 Job 23:12; Psalm 119:20, 39, 46-48, 59, 62, 72, 92, 97, 140, 155 (in contrast), 162-165, 174-176; Ephesians 3:16-19.

4 *Ταλαίπωρος* (Talaipôros) “miserable” CEB, etc.; “wretched” NKJV, etc. - found also in Revelation 3:17 (“wretched” NKJV) – related noun, *ταλαιπωρία* (talaipôria), in Romans 3:16 “misery” (TT, NKJV); James 5:1 “misereries” (NKJV).